



Athletic Federation of Slovenia

Mountain running association

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MOUNTAIN RUNNING RACES IN SLOVENIA - NATIONAL PROGRAM 2010

Visit: <http://www.gorski-teki.info/> for the details

| date | Name of event | courses | categories | remarks |
|-----------|----------------------------------|---|---|---|
| 18. April | Sumberk Race | 3 x 2,2km - 190/190m | U 16 U20 Men, Women | National Champs - Relay |
| 16. May | Osolnik Race | 0,6 km - 95m 1,3km - 210m 1,9km - 290m 4,7km - 535/30m | U12 U14 U16 Jun, sen, masters | SLO MR Cup - 1. race National Champs - masters |
| 29. May | Grad Race | 1,1km - 32/32m 2,2km - 64/64m 3,0km - 135/135m 6,0km - 270/270m 9,0km - 405/405m | U12 U14 U16 Jun, women Senior men, masters | SLO MR Cup - 2. race National Champs - Up-down |
| 12. June | Gore Race | 1,1km - 50/50m 2,2km - 100/100m 3,3km - 150/150m 3,5km - 270/270m 7,0km - 540/540m 10,5km - 810/810m | U12 U14 U16 JW Women, JM Senior men, masters | SLO MR Cup - 3. race EC selection race |
| 19. June | Podbrdo Marathon Race | 35km - 2550/2550m | Senior, masters | National Champs - Long distance WORLD Long dist Challenge 2011! http://www.lto-sotocje.si/maraton/ joze.dakskobler@gmail.com |
| 25. July | Velika Planina Race | 0,6km - 70m 1,5km - 150m 2,7km - 290m 4,2km - 440m 8,3km - 1000/65m 11,8 km - 1305/65m | U12 U14 U16 JW JM, women Senior, masters | SLO MR Cup - 4. race WC selection race WORLD Champs 2010 course! http://www.kgtpapez.com avtolicarstvo.papez@kks-kamnik.si |
| 15. Avg. | Ratitovec Race | 0,7km - 40/40m 1,6km - 90/90m 3,2km - 180/180m 3,8km - 630/10m 7,1km - 870/40m 12,1km - 1185/40m | U12 U14 U16 JW Women, JM Senior men, masters | SLO MR Cup - 5. race National Champs - Uphill |
| 19. Sept. | Vodiska Planina race | 4,8km - 660m | Men, women | SLO MR Cup - 6.race |
| 25. Sept. | Smlednik Race | 1,6km - 65m/65m 2,2km - 110m/110m | Primary schools - U14 Sec. schools - U18 | National Champs - schools |
| 2. Oct. | Int. 31. Smarna gora Race | 0,65km - 100m 2,5km - 250/30m 9,0km - 710/350m | U12, U14 U16 junior, senior, masters | SLO MR Cup - 7. race WMRA Grand Prix www.smarnagora.com tomo.sarf@helios.si |