



# Valsir Mountain Running World Cup 2022

## RESULTS after seven races



		Country:	IRL	POR	POR	AUT	FRA	ITA	ITA	CZE	SUI	PER	ITA	ITA	ESP	ESP	SLO	ESP	ITA	Total	Total	Total	TOTAL		
		label:	silver	gold	silver	gold	gold	gold	gold	silver	gold	silver	gold	gold	gold	gold	silver	gold	gold	short	clasic	long	all		
		discipline:	long	clasic	long	clasic	clasic	short	long	clasic	long	long	short	long	long	short	clasic	long	short	short	clasic	long	all		
	Name	gen.	YOB	nat.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17				
1	<a href="#">Joyce MUTHONI NJERU</a>	F	1997	KEN		50		50	50	50												50	150	0	200
2	<a href="#">Lucy MURIGI WAMBUI</a>	F	1985	KEN				40	20	16	40											16	60	40	116
3	<a href="#">Camilla MAGLIANO</a>	F	1985	ITA		30		20	30	12												12	80	0	92
4	Elisa DESCO	F		ITA							50											0	0	50	50
5	Susanna SAAPUNKI	F	1992	FIN		40																0	40	0	40
6	Blandine L'HIRONDEL	F							40													0	40	0	40
7	<a href="#">Andrea MAYR</a>	F		AUT						40												40	0	0	40
8	<a href="#">Gloria Rita Antonia GIUDICI</a>	F		ITA					18	18												18	18	0	36
9	Adéla STRÁNSKÁ	F	1991	CZE				30														0	30	0	30
10	Madalina FLOREA	F		ROM						30												30	0	0	30
11	Hilary GERARDI	F		USA							30											0	0	30	30
12	Scarlet DALE	F	1999	GBR				12	16													0	28	0	28
13	Rosa MADUREIRA	F	1977	POR		25																0	25	0	25
14	Worke AMENA	F	1994	ETH				25														0	25	0	25
15	Anna GIBSON	F							25													0	25	0	25
16	Scout ADKIN	F		GBR						25												25	0	0	25
17	Chiara GIOVANDO	F		ITA							25											0	0	25	25
18	Olivia AMBER	F	1995	USA	20																	0	0	20	20
19	Lorenza BECCARIA	F	1997	ITA		20																0	20	0	20
20	Sandra FERREIRA	F		POR			20															0	0	20	20
21	Francesca GHELFI	F		ITA						20												20	0	0	20
22	Giulia COMPAGNONI	F		ITA							20											0	0	20	20
23	Charlotte COTTON	F	1981	BEL		12		6														0	18	0	18
24	Joana SOARES	F	1993	POR		18																0	18	0	18
25	Mojca KOLIGAR	F	1982	SLO				18														0	18	0	18
26	Ingrid MUTTER	F		ROU							18											0	0	18	18
27	Kathryn O'REGAN	F	1985	USA	17																	0	0	17	17
28	Andreia CORREIA	F		POR			17															0	0	17	17

29	Maria ORDONEZ MARINA	F	1992	ESP		16														0	16	0	16
30	Annika SEEFELD	F	1996	GER			16													0	16	0	16
31	Martina CHIALVO	F		ITA						16										0	0	16	16
32	Sarah BRADY	F	1989	IRL	14															0	0	14	14
33	Vivien BONZI	F	2001	ITA		14														0	14	0	14
34	Patrícia RIBEIRO	F		POR			14													0	0	14	14
35	Tina FISCHL	F	1974	GER				14												0	14	0	14
36	Grace STABERG	F							14											0	14	0	14
37	Ellisa SORTINI	F		ITA						14										14	0	0	14
38	Camila SPAGNOL	F		ITA							14									0	0	14	14
39	Rebecca HORMANN	F	1996	GBR	12															0	0	12	12
40	Marlene FERREIRA	F		POR			12													0	0	12	12
41	Marine PLACE	F						12												0	12	0	12
42	Martina BILORA	F		ITA							12									0	0	12	12
43	Maeve MAHER-MCW.	F	1986	IRL	10															0	0	10	10
44	Marry VIEIRA	F	1982	POR		10														0	10	0	10
45	Carol PEREIRA	F		POR			10													0	0	10	10
46	Bernadette SCHUSTER	F	1981	AUT				10												0	10	0	10
47	Julia NIEGRZYBOWSKI	F							10											0	10	0	10
48	Maddalena SOMA'	F		ITA						10										10	0	0	10
49	Alessandra OLIVI	F		ITA							10									0	0	10	10
50	Anabela AGUIAR	F	1998	POR		8														0	8	0	8
51	Sabrina PRAGER	F	1987	GER				8												0	8	0	8
52	Anna DARMOGRAI	F							8											0	8	0	8
53	Luisa ROCCHIA	F		ITA						8										8	0	0	8
54	Susan OSTANO	F		ITA							8									0	0	8	8
55	Lean NI CHIOBHAIN	F	1984	IRL	7															0	0	7	7
56	Sandra ARRIBANÇA	F		POR			7													0	0	7	7
57	Julia CONCEIÇÃO	F	1968	POR		6														0	6	0	6
58	Laure-Anne FERRENT	F							6											0	6	0	6
59	Sara BOTTARELLI	F		ITA						6										6	0	0	6
60	Chiara BERERA	F		ITA							6									0	0	6	6
61	Karen WILTON	F	1972	GBR	5															0	0	5	5
62	Ana PASCOAL	F		POR			5													0	0	5	5
63	Ruth CANDON	F	1987	IRL	4															0	0	4	4
64	Bruchez PERRINE	F	1984	SUI		4														0	4	0	4
65	Clara CHAVES	F		POR			4													0	0	4	4
66	Laura HAMPEL	F	1999	GER				4												0	4	0	4
67	Maria BENITO	F							4											0	4	0	4
68	Arianna DENTIS	F		ITA						4										4	0	0	4

69	Guendalina SIBONA	F		ITA						4									0	0	4	4
70	Fiona HOGG	F	1981	IRL	3														0	0	3	3
71	Ana RANGEL	F		POR			3												0	0	3	3
72	Eimear O'BRIEN	F	1983	IRL	2														0	0	2	2
73	Rosa SILVA	F	1972	POR		2													0	2	0	2
74	Alice FRANÇA	F		POR			2												0	0	2	2
75	Natalie THOMPSON	F	1984	CAN				2											0	2	0	2
76	Perrine GINDRE	F							2										0	2	0	2
77	Alice GAGGI	F		ITA						2									2	0	0	2
78	Francesca CRIPPA	F		ITA							2								0	0	2	2
79	Deolinda OLIVEIRA	F	1968	POR		1													0	1	0	1
80	Judith HELMBERGER	F	1997	AUT				1											0	1	0	1
81	Aline BAZIN	F							1										0	1	0	1
82	Martina DA RIN ZANCO	F		ITA						1									1	0	0	1
83	Sabrina AMATO	F		ITA							1								0	0	1	1
1	<a href="#">Patrik KIPNGENO</a>	M	1993	KEN		50		50	50	50									50	150	0	200
2	<a href="#">Philemon KIRIAGO OMBOGO</a>	M	2002	KEN				40	40	40									40	80	0	120
3	<a href="#">Petro MAMU SHAKU</a>	M	1985	ERI				30			50								0	30	50	80
4	<a href="#">Zak HANNA</a>	M	1995	IRL		40		4	8	20									20	52	0	72
5	Andrea ROSTAN	M	1998	ITA		30				25									25	30	0	55
6	<a href="#">Cesare MAESTRI</a>	M	1993	ITA				25		18									18	25	0	43
7	Cristian MINOGGIO	M		ITA							40								0	0	40	40
8	<a href="#">Lengen LOLKURRARU</a>	M	1990	KEN				12	12		10								0	24	10	34
9	Théodore KLEIN	M							30										0	30	0	30
10	Silvyan CACHARD	M		FRA						30									30	0	0	30
11	Mattia GIANOLA	M		ITA							30								0	0	30	30
12	<a href="#">Geoffery NDUNGU GIKUNI</a>	M	1984	KEN		20		6		4									4	26	0	30
13	Marek CHRASCINA	M	1997	CZE		25													0	25	0	25
14	Miquel CORBERA RUBIO	M							25										0	25	0	25
15	Lorenzo BELTRAMI	M		ITA							25								0	0	25	25
16	Ruairi LONG	M	1999	IRL	20														0	0	20	20
17	Germano FIGUEIRA	M		POR			20												0	0	20	20
18	Manuel INNERHOFER	M	1995	AUT				20											0	20	0	20
19	Quentin MEYLEU	M							20										0	20	0	20
20	ROTA Andrea	M		ITA							20								0	0	20	20
21	Paulo GOMES	M	1973	POR		18													0	18	0	18
22	Timotej BEČAN	M	1996	SLO				18											0	18	0	18

23	Boris ORLHAC	M							18												0	18	0	18
24	Jean Baptiste SIMUKEKA	M		RWA							18										0	0	18	18
25	Paddy O'LEARY	M	1987	USA	17																0	0	17	17
26	Ricardo RODRIGUES	M		POR			17														0	0	17	17
27	Jose CARVALHO	M	1977	POR		16															0	16	0	16
28	Christof HOCHENWARTER	M	1997	AUT				16													0	16	0	16
29	Johann BAUJARD	M							16												0	16	0	16
30	Daniel PATTIS	M		ITA						16											16	0	0	16
31	Sergio BONALDI	M		ITA							16										0	0	16	16
32	Shaun STEWART	M	1984	IRL	14																0	0	14	14
33	Rui MUGA	M	1984	POR		14															0	14	0	14
34	Alexandre BLASQUES	M		POR			14														0	0	14	14
35	Hans-Peter INNERHOFER	M	1995	AUT				14													0	14	0	14
36	Frédéric TRANCHAND	M							14												0	14	0	14
37	Henri AYMONOD	M		ITA						14											14	0	0	14
38	Daniel ANTONIOLI	M		ITA							14										0	0	14	14
39	Conall WHELAN	M	1998	IRL	12																0	0	12	12
40	Cesar COSTA	M	1976	POR		12															0	12	0	12
41	João RODRIGUES	M		POR			12														0	0	12	12
42	Marco MOLETTA	M		ITA						12											12	0	0	12
43	Luca DEL PERO	M		ITA							12										0	0	12	12
44	Matthew MCCONNELL	M	1998	IRL	10																0	0	10	10
45	Paulo MACEDO	M	1993	POR		10															0	10	0	10
46	Antonio AMORIM	M		POR			10														0	0	10	10
47	Eric Muthomi RIUNGU	M	1990	KEN				10													0	10	0	10
48	Jacob ADKIN	M							10												0	10	0	10
49	Alex BALDACCINI	M		ITA						10											10	0	0	10
50	Carlos LOPES	M	1981	POR		8															0	8	0	8
51	Josef BODNER	M	1998	AUT				8													0	8	0	8
52	Christofer RICHARD	M		GBR						8											8	0	0	8
53	Luca ARRIGONI	M		ITA							8										0	0	8	8
54	Aidan MCMORELAND	M	1980	IRL	7																0	0	7	7
55	Igor LYSYI	M		POR			7														0	0	7	7
56	Tiago PEREIRA	M	1984	POR		6															0	6	0	6
57	Xavier CHEVRIER	M							6												0	6	0	6
58	Hannes PERKMANN	M		ITA						6											6	0	0	6
59	Rau CRIADO SANCHEZ	M		ESP							6										0	0	6	6
60	Conor GREENAN	M	1989	IRL	5																0	0	5	5
61	Fred KALAHARI	M		POR			5														0	0	5	5
62	Mamraz NAGI	M	1978	IRL	4																0	0	4	4

63	Marcelo GONÇALVES	M	1998	POR		4														0	4	0	4	
64	Francesco PUPPI	M						4													0	4	0	4
65	Frank FRITSCHÉ	M		POR			4														0	0	4	4
66	Mattia BERTONCINI	M		ITA						4											0	0	4	4
67	Fabio BALTIERI	M	1984	IRL	3																0	0	3	3
68	Alfredo PENICHE	M		POR			3														0	0	3	3
69	Peter PURCELL	M	1991	IRL	2																0	0	2	2
70	Jose SILVA	M	1973	POR		2															0	2	0	2
71	Nuno PAIVA	M		POR			2														0	0	2	2
72	Isaac Toroitich KOSGEL	M	1981	KEN				2													0	2	0	2
73	Chris BALESTRINI	M							2												0	2	0	2
74	Micael SAOLI SELELO	M		KEN						2											2	0	0	2
75	Danilo BRAMBILLA	M		ITA							2										0	0	2	2
76	Jose MADEIRA	M	1991	POR		1															0	1	0	1
77	Ondrej FEJFAR	M	1989	CZE				1													0	1	0	1
78	Simon GOSSELIN	M							1												0	1	0	1
79	Fabio RUGA	M		ITA						1											1	0	0	1
80	Ionut ZINCA ALIN	M		ROU							1										0	0	1	1

**Extract from the World Cup 2022 Regulations (items 5.4, 5.5 and 5.7)**

- The overall **WORLD CUP** results will be calculated from athletes' **best 6 race results**.
- The category **WORLD CUP** results will be calculated from athletes' **best 3 race results in that single category**
- **Scoring:**

World Cup races / Place:	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.	13.	14.	15.
Gold label points:	50	40	30	25	20	18	16	14	12	10	8	6	4	2	1
Silver label points	20	17	14	12	10	7	5	4	3	2	-	-	-	-	-

	date	race name	venue	country	disc.	label
1	21. May	<b>Seven Sisters Skyline</b>	Dunlewey, Donegal	IRL	Long	Silver
2	19. June	<b>2. Montemuro Vertical Run</b>	Castro Daire	POR	Classic	Gold
3	3. July	<b>One Hundred Douro-Paiva</b>	Cinfaes	POR	Long	Silver
4	10. July	<b>22. Grossglockner Berglauf TBC</b>	Heiligenblut	AUT	Classic	Gold
5	16. July	<b>La Montée du Nid d'Aigle</b>	St Gervais	FRA	Classic	Gold
6	30. July	<b>Giir di Mont Uphill</b>	Premana	ITA	Classic	Silver
7	31. July	<b>Giir di Mont</b>	Premana	ITA	Short Up	Gold
8	07. Aug.	<b>Krkonosky half marathon</b>	Jasnke Lazne	CZE	Long	Gold
9	13. Aug.	<b>Sierre-Zinal</b>	Zinal	SUI	Long	Gold
10	25. Aug.	<b>Andes Race</b>	Cusco	PER	Long	Silver
11	3. Sept.	<b>7. Vertical Nasego</b>	Nasego	ITA	Short Up	Gold
12	4. Sept.	<b>21. Trofeo Nasego</b>	Nasego	ITA	Classic	Gold
13	9. Sept.	<b>Canfranc - Canfranc</b>	Canfranc-Estacion	ESP	Short Up	Gold
14	11. Sept.	<b>Canfranc - Canfranc</b>	Canfranc-Estacion	ESP	Classic	Gold
15	1. Oct.	<b>43. Smarna Gora Race</b>	Ljubljana	SLO	Classic	Silver
16	2. Oct.	<b>12. Zumaia flysch trail mendi maratoina</b>	Zumaia-Gipuzkoa	ESP	Long	Gold
17	8. Oct.	<b>23. Kilometro Verticale Chiavenna-Lagunc</b>	Chiavenna	ITA	Short Up	Gold