



6th African Mountain Running Championships

8th November 2014

Obudu Ranch Park,
Cross River State (NIGERIA)



RESULTS

	African Champ.	bib	WOMEN Course 8,6km		country	time
1.		317	Kassahun Genet Yalew		Ethiopia	1:01:20
2.	1	364	Chesang Stella	team	Uganda	1:01:31
3.		318	Ababel Yesshaneh		Ethiopia	1:03:03
4.	2	362	Chebet Rachael Zena	team	Uganda	1:03:03
5.	3	324	Jepchirchir Peres	team	Kenya	1:05:04
6.	4	334	Deborah Pam	team	Nigeria	1:10:09
7.	5	406	Joscah Moraa Obare	team	Kenya	1:10:34
8.	6	363	Chekwemboi Patricia	team	Uganda	1:10:54
9.	7	371	Tatah Carine	team	Cameroun	1:11:45
10.		320	Asefew Meseret Taye		Ethiopia	1:11:53
11.		342	Nuhu Elizabeth		Nigeria	1:12:25
12.	8	405	Chepsoiyo Judy	team	Kenya	1:13:43
13.	9	302	Ngwaya Yvonne	team	Cameroun	1:13:46
14.	10	339	Michael Lydia	team	Nigeria	1:17:33
15.	11	301	Ngalim Lisette	team	Cameroun	1:19:15
16.		340	Mathew Nancy		Nigeria	1:19:29
17.	12	337	Machu Jacinta	team	Nigeria	1:19:40
18.		343	Olumudi Aderonke		Nigeria	1:20:53
19.		338	Kebang Maria		Nigeria	1:21:35
20.		332	Akawa Dorcas		Nigeria	1:27:08
21.		379	Wirnkar Nadeche		Cameroun	1:29:00

	African Champ.	bib	MEN Course 12,6km		country	time
1.		330	Kemboi Hillary Kipkorir		Kenya	1:02:34
2.		325	Negera Abebe Dinkesa		Ethiopia	1:03:09
3.	1	365	Kiplimo Philip	team	Uganda	1:03:19
4.	2	366	Kiprop Isaac	team	Uganda	1:03:24
5.	3	315	Petro Mamu Shaku	team	Eritrea	1:03:34
6.		321	Delesa Lebeta Dabela		Ethiopia	1:03:51
7.	4	367	Kusuro Geoffrey	team	Uganda	1:04:37
8.		331	Ondara MacDonard Mokuu		Kenya	1:05:33
9.	5	314	Frezghi Tsegay G	team	Eritrea	1:05:42
10.		319	Alemu Hunegnaw Mesfin		Ethiopia	1:06:42
11.	6	402	Nicholas Kipngetich	team	Kenya	1:06:59
12.	7	401	Hosea Nailel	team	Kenya	1:09:15
13.	8	311	Abraham Kidane Habtom	team	Eritrea	1:10:32
14.	9	403	Joseph Okello	team	Kenya	1:11:48
15.	10	352	Emmanuel Gyang	team	Nigeria	1:15:23
16.	11	353	Gideon Goyet	team	Nigeria	1:16:12
17.		360	Kefas Williams		Nigeria	1:16:17
18.		358	Rotben Zumkudang		Nigeria	1:17:13
19.	12	349	Cletus Eyo	team	Nigeria	1:18:47
20.		346	Adamu Shehu M		Nigeria	1:19:21

TEAMS			
WOMEN			
1.	UGA	1+2+6	9
2.	<i>KEN</i>	3+5+8	16
3.	<i>NGR</i>	4+10+12	26
4.	<i>CMR</i>	7+9+11	27
MEN			
1.	UGA	1+2+4	7
2.	<i>ERI</i>	3+5+8	16
3.	<i>KEN</i>	6+7+9	22
4.	<i>NGR</i>	10+11+12	33